

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
1	1097	Jose VARONA SAN PABLO	MASC	0:17:15.00	3'27"	INDIVIDUAL
2	2508	Jorge LOSADA	MASC	0:17:20.50	3'28"	IBERDROLA
3	1122	Alejandro SANCHEZ VARELA	MASC	0:17:32.41	3'30"	INDIVIDUAL
4	1449	Roberto ELVIRA MUÑOZ	MASC	0:17:38.27	3'32"	INDIVIDUAL
5	2140	David MURILLO RAMOS	MASC	0:17:56.54	3'35"	TSYSTEMS
6	392	Andres SALAS PEÑA	MASC	0:18:03.60	3'37"	SDG
7	245	Edward AZUALDE	MASC	0:18:11.22	3'38"	STRYKER IBERIA
8	2085	Luis SANZ SASTRE	MASC	0:18:17.86	3'39"	BANKINTER
9	1676	Diego CASADO GOMEZ	MASC	0:18:21.62	3'40"	INDIVIDUAL
10	2432	Jaime ARIBAS DE LARA	MASC	0:18:30.55	3'42"	MOEVE
11	768	Alberto MORILLA CILLER	MASC	0:18:33.94	3'43"	TALGO
12	1004	Raul RODRIGUEZ ANTON	MASC	0:18:48.95	3'46"	INDIVIDUAL
13	1038	Jorge RAMOS GUERRA	MASC	0:19:04.83	3'49"	INDIVIDUAL
14	1855	- - -	¿?	0:19:08.62	3'50"	
15	1826	- - -	¿?	0:19:09.38	3'50"	
16	2119	Carlos ALCALDE ROMERO	MASC	0:19:10.78	3'50"	BANKINTER
17	587	Francisco MARTINEZ FERNANDEZ	MASC	0:19:15.60	3'51"	INDRA
18	2231	Iñigo BARRIO RUIZ	MASC	0:19:36.70	3'55"	ADECCO GROUP
19	1375	Sergio JIMENEZ OLIVA	MASC	0:19:37.12	3'55"	CANTERA DE TALENTOS
20	1115	Daniel HERMOSO	MASC	0:19:38.83	3'56"	INDIVIDUAL
21	1250	Alejandro TROYANO CARRERAS	MASC	0:20:14.44	4'03"	INDIVIDUAL
22	509	Jose Manuel LEON OJEDA	MASC	0:20:19.10	4'04"	DEUTSCHE BANK
23	2259	Jorge MARTIN MARTIN	MASC	0:20:20.87	4'04"	ERNST & YOUNG
24	2504	Jaime ENRIQUEZ BALLESTEROS	MASC	0:20:23.40	4'05"	POSTEO.NET
25	111	Jorge MEDINA CALLES	MASC	0:20:26.63	4'05"	CAPGEMINI
26	1653	Jesus Antonio RIOLOBOS PERIS	MASC	0:20:33.28	4'07"	INDIVIDUAL
27	1849	- - -	¿?	0:20:43.60	4'09"	
28	1850	- - -	¿?	0:20:44.59	4'09"	
29	574	Jose Antonio RODRIGUEZ QUINTANA	MASC	0:20:44.89	4'09"	BANKINTER
30	1193	Jose Ramon MARQUEZ HURTADO	MASC	0:20:52.48	4'10"	INDIVIDUAL
31	1129	Ruben MAYORDOMO PASTOR	MASC	0:20:56.28	4'11"	INDIVIDUAL
32	1758	Macarena MILLAN SUAREZ	FEM	0:21:13.00	4'15"	INDIVIDUAL
33	637	David PADUANO NIEVES	MASC	0:21:16.87	4'15"	TALGO
34	1831	- - -	¿?	0:21:21.61	4'16"	
35	921	Victor FERNANDEZ CISNEROS	MASC	0:21:33.78	4'19"	BBVA TECHNOLOGY
36	2192	Frederik MAYER	MASC	0:21:35.80	4'19"	SGS
37	1099	Victor PEREZ BLANCO	MASC	0:21:42.16	4'20"	INDIVIDUAL
38	2067	Francisco FERNANDEZ DE LOS SANT	MASC	0:21:44.26	4'21"	COX
39	1844	- - -	¿?	0:21:54.14	4'23"	
40	1107	Raul CAMARERO PIRIZ	MASC	0:21:55.00	4'23"	AFASAME
41	1669	Francisco Jose PRIETO SALCEDO	MASC	0:21:59.85	4'24"	INDIVIDUAL
42	1015	Juan Jose PEREIRA POZO	MASC	0:22:02.26	4'24"	INDIVIDUAL
43	2100	Jesus HERNANDEZ CAMPILLOS	MASC	0:22:02.61	4'24"	GENERAL ELECTRIC HEALTHCARE
44	1777	Rafael MORA GARCIA	MASC	0:22:08.60	4'26"	INDIVIDUAL
45	97	Angel DIAZ	MASC	0:22:11.49	4'26"	CAPGEMINI
46	1254	Eva FRESNILLO BARRIO	FEM	0:22:13.37	4'27"	INDIVIDUAL
47	2128	Edorta ROJI PEREZ	MASC	0:22:16.65	4'27"	BANKINTER
48	1437	Alfonso LOPEZ LOPEZ	MASC	0:22:16.89	4'27"	INDIVIDUAL
49	1	Fermin CACHO RUIZ	MASC	0:22:16.94	4'27"	ADECCO GROUP
50	868	Javier ESTEBARANZ BOCHARAN	MASC	0:22:17.57	4'27"	BBVA TECHNOLOGY
51	2483	Andres CANDELARIO ARIAS	MASC	0:22:19.46	4'28"	ADECCO
52	1285	Ricardo LAMARCA MUÑOZ	MASC	0:22:27.61	4'29"	INDIVIDUAL
53	1121	David NUÑEZ	MASC	0:22:35.52	4'31"	INDIVIDUAL
54	871	Juan Pedro ALCANTARA GOMEZ	MASC	0:22:43.57	4'33"	VESTAS
55	1315	Steven MALLQUI AGUILAR	MASC	0:22:43.67	4'33"	INDIVIDUAL
56	1110	Amadeo CAMARERO ARIBAS	MASC	0:22:45.93	4'33"	INDIVIDUAL
57	1089	Amilcar ACERO	MASC	0:22:50.28	4'34"	NO
58	395	Sergio SUAREZ CHECA	MASC	0:22:56.62	4'35"	BBVA TECHNOLOGY
59	1310	Cristhian FERNANDEZ MARQUINA	MASC	0:22:58.14	4'36"	INDIVIDUAL
60	1808	- - -	¿?	0:22:58.21	4'36"	
61	1014	David DUEÑAS BRAVO	MASC	0:22:58.80	4'36"	INDIVIDUAL
62	1314	Alejandro ORTEGA UBEDA	MASC	0:22:59.57	4'36"	INDIVIDUAL

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
63	29	Francisco Javier FERNANDEZ INFANTE	MASC	0:23:00.83	4'36"	KYNDRYL
64	528	Sergio GÜEMES AMO	MASC	0:23:02.37	4'36"	FORVIS MAZARS
65	506	Carlos GARCIA NIETO	MASC	0:23:03.63	4'37"	AIRBUS
66	1455	Juan Jose GARCIA CAÑAS	MASC	0:23:06.98	4'37"	INDIVIDUAL
67	2264	Daniel LOPEZ MENDIZABAL	MASC	0:23:17.18	4'39"	ERNST & YOUNG
68	1458	Ivan VELASCO GARCIA	MASC	0:23:19.27	4'40"	INDIVIDUAL
69	1731	Javier LAZARO SMERDOU	MASC	0:23:28.65	4'42"	INDIVIDUAL
70	1505	David DE RAFAEL SANCHEZ DE LA NI	MASC	0:23:30.00	4'42"	INDIVIDUAL
71	889	Kirby PEREZ GUERRERO	MASC	0:23:30.40	4'42"	DIGI
72	895	Hugo OROZCO	MASC	0:23:32.11	4'42"	DIGI
73	40	Jesus GAIL BOHORQUEZ	MASC	0:23:43.45	4'45"	KYNDRYL
74	1081	Monica BLANCO	FEM	0:23:44.74	4'45"	INDIVIDUAL
75	2485	Antonio LUQUE LUQUE	MASC	0:23:47.55	4'45"	ANDERSEN
76	867	Daniel BAEZA DE LA ASUNCION	MASC	0:23:48.57	4'46"	VESTAS
77	757	Debra Puccio	FEM	0:24:03.12	4'49"	MERCEDES BENZ GROUP
78	1823	- - -	¿?	0:24:04.11	4'49"	
79	407	Oscar DE LA PLAZA GEZQUEZ	MASC	0:24:16.67	4'51"	BBVA TECHNOLOGY
80	1275	Fernando BIELZA LINO	MASC	0:24:16.93	4'51"	INDIVIDUAL
81	1386	Susana IZQUIERDO PUERTA	FEM	0:24:25.56	4'53"	INDIVIDUAL
82	2380	Alberto ESPINOSA GONZALEZ	MASC	0:24:31.75	4'54"	MOEVE
83	2333	Anthony MENDOZA	MASC	0:24:33.82	4'55"	SGS
84	1851	- - -	¿?	0:24:37.52	4'55"	
85	239	Antonio GUILLEN DOMINGUEZ	MASC	0:24:42.40	4'56"	KYNDRYL
86	617	Marta MOURE DIZ	FEM	0:24:46.71	4'57"	INDRA
87	834	Victor Manuel ORTEGO NAVARRO	MASC	0:24:47.50	4'57"	THE WALT DISNEY COMPANY IBERIA
88	297	Jose RODRIGUEZ	MASC	0:24:48.11	4'58"	ADECCO GROUP
89	2130	Daniel MACIAS	MASC	0:24:52.11	4'58"	BANKINTER
90	1568	Julio BOHIGAS COUTO	MASC	0:24:56.95	4'59"	APSURIA
91	1567	Julio BOHIGAS DOMINGUEZ	MASC	0:24:57.10	4'59"	APSURIA
92	787	Andres MOLOWNY LOPEZ	MASC	0:24:58.32	5'00"	SERVIHABITAT
93	1217	Irene MELERO HERNANDEZ	FEM	0:25:00.66	5'00"	INDIVIDUAL
94	39	Barbara RIVILLA VALENCIANO	FEM	0:25:05.17	5'01"	KYNDRYL
95	1446	David MORENO LOPEZ	MASC	0:25:05.41	5'01"	INDIVIDUAL
96	429	Javier Ignacio LOPEZ OLIVER	MASC	0:25:05.93	5'01"	COX
97	1854	- - -	¿?	0:25:11.29	5'02"	
98	961	Danil ANGUITA MAZON	MASC	0:25:16.22	5'03"	AIRBUS
99	695	Mario SEPULVEDA MENDOZA	MASC	0:25:18.20	5'04"	AIRBUS
100	2312	Giancarlo FIORENZA	MASC	0:25:18.58	5'04"	THE WALT DISNEY COMPANY IBERIA
101	397	Samuel JIMENEZ DEL CERRO	MASC	0:25:20.98	5'04"	BBVA TECHNOLOGY
102	1381	Andres RUBIO MARICHAL	MASC	0:25:23.58	5'05"	INDIVIDUAL
103	784	Luis GARCIA	MASC	0:25:24.49	5'05"	MOTT MACDONALD
104	140	Pablo VERGEL COCA	MASC	0:25:30.15	5'06"	CAPGEMINI
105	843	Alvaro GARCIA PACHECO	MASC	0:25:32.10	5'06"	AUREN
106	2053	Oscar CUESTA ESCUREDO	MASC	0:25:32.54	5'06"	THE WALT DISNEY COMPANY IBERIA
107	959	Javier CASTRO MARIN	MASC	0:25:33.44	5'07"	AIRBUS
108	44	Jose Juan APARICIO SANCHEZ	MASC	0:25:34.86	5'07"	KYNDRYL
109	518	Mohamed YASER HADDAD EDDAHMA	MASC	0:25:37.30	5'07"	BANKINTER
110	652	Ruth LLOVET MORENO	FEM	0:25:38.29	5'08"	DEUTSCHE BANK
111	217	Marcos CRESPO GUERRA	MASC	0:25:39.48	5'08"	CULMIA DESARROLLOS INMOBILIARI
112	2509	Jose DE LAS HERAS CRESPO	MASC	0:25:39.86	5'08"	ANDERSEN
113	2147	Cristina CORRAL	FEM	0:25:40.39	5'08"	DEUTSCHE BANK
114	653	Olga MATESANZ GARCIA	FEM	0:25:40.50	5'08"	DEUTSCHE BANK
115	1024	Antonio VILLANUEVA GARCIA	MASC	0:25:41.52	5'08"	INDIVIDUAL
116	2438	Joaquin ALAMO	MASC	0:25:51.95	5'10"	MOEVE
117	1161	Carmelo GONZALEZ BRITO	MASC	0:25:52.83	5'10"	INDIVIDUAL
118	260	Bruno ALVAREZ GARCIA	MASC	0:25:55.83	5'11"	SONEPAR
119	783	Marina INIESTA	FEM	0:25:56.59	5'11"	MOTT MACDONALD
120	1774	Marcos ISABEL PASTOR	MASC	0:25:56.78	5'11"	NO
121	1378	Roberto RAMITEZ BARAÑSNO	MASC	0:25:59.27	5'12"	CANTERA DE TALENTOS
122	2281	Amado Jose NAVARRO GRANDA	MASC	0:25:59.93	5'12"	THE WALT DISNEY COMPANY IBERIA
123	1088	Melvi MACIAS AJHUACHO	FEM	0:26:04.44	5'13"	NO
124	2464	Pablo ARRABAL CORPAS	MASC	0:26:04.60	5'13"	MOEVE

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
125	151	Raul REGIDOR	MASC	0:26:05.55	5'13"	ADECCO GROUP
126	643	Jose Luis RODRIGUEZ SANTIAGO	MASC	0:26:07.57	5'13"	IVECO
127	2174	Maria DEL AMO	FEM	0:26:15.61	5'15"	CDS
128	1023	Jesica BAQUEIRO	FEM	0:26:16.48	5'15"	INDIVIDUAL
129	1049	Jesus Miguel GONZALEZMOHINO LAT	MASC	0:26:17.38	5'15"	INDIVIDUAL
130	1853	- -	¿?	0:26:19.52	5'16"	
131	777	Jorge NAVARRO DO CAMPO	MASC	0:26:19.77	5'16"	SII GROUP SPAIN
132	2325	Cristina OROPESA RODRIGUEZ	FEM	0:26:20.12	5'16"	SANTA LUCIA
133	1536	David GENG CALLE	MASC	0:26:21.85	5'16"	INDIVIDUAL
134	2341	Uli BERGMANN ZAMORANO	MASC	0:26:22.51	5'16"	SIEMENS ENERGY
135	1273	Miguel BARTHELEMY GARRIDO	MASC	0:26:23.86	5'17"	INDIVIDUAL
136	2360	Ricardo Federico DUQUE ROMERO	MASC	0:26:24.70	5'17"	MOTT MACDONALD
137	693	Antonio SEPULVEDA RAMOS	MASC	0:26:28.60	5'18"	AIRBUS
138	1300	Lorena PRIETO	FEM	0:26:29.11	5'18"	INDIVIDUAL
139	1138	Estefania BARRIOS	FEM	0:26:30.70	5'18"	AUNEX
140	495	Jose Luis OVEJERO ALCAZAR	MASC	0:26:31.44	5'18"	BBVA TECHNOLOGY
141	496	Ruiming ZHANG	FEM	0:26:32.00	5'18"	BBVA TECHNOLOGY
142	1020	Laura GARCIA SANCHEZ	FEM	0:26:35.64	5'19"	INDIVIDUAL
143	1095	Cinthy SAMANIEGO	FEM	0:26:35.91	5'19"	INDIVIDUAL
144	1022	Ana DUEÑAS GORDEJUELA	FEM	0:26:36.30	5'19"	INDIVIDUAL
145	525	Adrian CARABANTES AGUILERA	MASC	0:26:37.75	5'19"	BBVA TECHNOLOGY
146	909	Luis MARTINEZ AVILES	MASC	0:26:39.25	5'20"	AIRBUS
147	423	Pedro SOLANO LIZCANO	MASC	0:26:40.52	5'20"	BBVA TECHNOLOGY
148	1073	Juan Carlos LIMON ROMERO	MASC	0:26:41.33	5'20"	INDIVIDUAL
149	1775	Myriam Del Carmen PALMA PALMA	FEM	0:26:44.16	5'21"	NO
150	1554	Alejandro RODRIGUEZ ARROYO	MASC	0:26:46.54	5'21"	INDIVIDUAL
151	1091	Luis Braulio COACOLLANTE ZIMBAÑA	MASC	0:26:46.83	5'21"	NO
152	1582	Alejandro COUTO IGLESIAS	MASC	0:26:48.17	5'22"	APSURIA
153	2501	Gregorio MONTALVO GARCIA	MASC	0:26:48.23	5'22"	IBERDROLA
154	2358	Oscar VICARIO VILLA	MASC	0:26:48.25	5'22"	SIEMENS ENERGY
155	2323	Jonfran GUTIERREZ	MASC	0:26:50.84	5'22"	ALTEN
156	577	Sergio BLAZQUEZ SANZ	MASC	0:26:52.55	5'22"	BANKINTER
157	1035	Maria Isabel GAMO NUÑEZ	FEM	0:26:53.37	5'23"	NO
158	573	David Santiago MARCOS IGLESIAS	MASC	0:26:53.75	5'23"	BANKINTER
159	1028	Victor CALZADO MARTIN	MASC	0:26:57.46	5'23"	INDIVIDUAL
160	2224	Jose Manuel RUIZ CAZORLA	MASC	0:26:57.50	5'23"	BP
161	1833	- -	¿?	0:26:59.50	5'24"	
162	1287	Saray CARRERA MUÑOZ	FEM	0:27:00.15	5'24"	FUNDACION ADECCO
163	1242	Luis MARTIN DE LA SIERRA	MASC	0:27:01.31	5'24"	INDIVIDUAL
164	606	Jorge Miguel MONTERO BORJA	MASC	0:27:02.43	5'24"	MOTT MACDONALD
165	2350	Unai RODRIGUEZ DELGADO	MASC	0:27:03.60	5'25"	BP
166	188	Alicia AGUIRRE SANCHEZCENDAL	FEM	0:27:03.70	5'25"	ADECCO GROUP
167	451	Maria DIAZ EXPOSITO	FEM	0:27:04.49	5'25"	AIRBUS
168	614	Alberto JIMENEZ PASTOR	MASC	0:27:05.28	5'25"	INDRA
169	1782	Felix SANCHEZ	MASC	0:27:05.61	5'25"	INDIVIDUAL
170	512	Ruper HUGES DORADO	MASC	0:27:05.84	5'25"	DEUTSCHE BANK
171	511	Leticia FERNANDEZ FERNANDEZ	FEM	0:27:05.86	5'25"	DEUTSCHE BANK
172	1213	Alberto JIMENEZ GARCIA	MASC	0:27:07.65	5'25"	INDIVIDUAL
173	1664	Miguel Angel GONZALEZ HERNANDEZ	MASC	0:27:08.25	5'26"	INDIVIDUAL
174	683	Carlos MARTINEZ DE TEJADA	MASC	0:27:09.77	5'26"	BBVA TECHNOLOGY
175	1087	Carlos YACELGA	MASC	0:27:09.91	5'26"	NO
176	1822	- -	¿?	0:27:09.96	5'26"	
177	446	Alejandro CERRO CERRO	MASC	0:27:11.14	5'26"	BBVA TECHNOLOGY
178	1321	Federico RUBIO GUZMAN	MASC	0:27:13.25	5'27"	INDIVIDUAL
179	2448	Lucia PASTOR VILLA	FEM	0:27:14.28	5'27"	MOEVE
180	2410	Dehydys Maria PIMENTEL DE LAMO	FEM	0:27:14.44	5'27"	MOEVE
181	2090	Cristina CABELLO RUIZ	FEM	0:27:16.90	5'27"	IBERDROLA
182	291	Luis Alfredo CESTARI GALAVIS	MASC	0:27:18.64	5'28"	INTRUM
183	1218	Marta DELGADO GARCIA	FEM	0:27:18.90	5'28"	INDIVIDUAL
184	175	Maria SIERRA PRIETO	FEM	0:27:19.61	5'28"	J&J
185	173	Gabriel SIERRA SENSO	MASC	0:27:20.23	5'28"	J&J
186	997	Nelida FERNANDEZ ELGUERA	FEM	0:27:20.63	5'28"	MERCEDES BENZ GROUP

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
187	1163	Rebeca CHACON PEREZ	FEM	0:27:21.60	5'28"	INDIVIDUAL
188	1409	Sergio Mauricio REYNA SPINDOLA	MASC	0:27:26.63	5'29"	INDIVIDUAL
189	1037	Julio ECHENIQUE CARBONELL	MASC	0:27:32.50	5'30"	INDIVIDUAL
190	312	Daria KUSTOVA	FEM	0:27:32.65	5'30"	THE WALT DISNEY COMPANY IBERIA
191	523	Ana Maria ORTEGA BONET	FEM	0:27:34.59	5'31"	IQVIA
192	1488	Jacobo ENRIQUEZ GABEIRAS	MASC	0:27:38.15	5'32"	INDIVIDUAL
193	1053	Ana CERRADA PARAMIO	FEM	0:27:43.53	5'33"	INDIVIDUAL
194	2189	Luis DEL CASTILLO ACUÑA	MASC	0:27:43.89	5'33"	ALSTOM
195	1196	Fausi SGAIER ARBOLEDAS	MASC	0:27:44.42	5'33"	INDIVIDUAL
196	1821	- -	¿?	0:27:45.33	5'33"	
197	1527	Enrique NAVARRO MONCAYO	MASC	0:27:47.50	5'33"	INDIVIDUAL
198	635	Alberto PULGAR CALEHIRO	MASC	0:27:49.14	5'34"	IKUSI TECH
199	2223	Antonio ROBADO DE LOPE	MASC	0:27:49.19	5'34"	IKUSI TECH
200	30	Rodrigo ABAD LARRANAGA	MASC	0:27:50.10	5'34"	KYNDRYL
201	1027	Lidia BAEZA ALVAREZ	FEM	0:27:50.95	5'34"	INDIVIDUAL
202	952	Jose Mariano ZOTES FIERRO	MASC	0:27:52.68	5'34"	IKUSI TECH
203	1789	Teresa PEÑA MIGUEL	FEM	0:27:53.32	5'35"	INDIVIDUAL
204	76	Clara PEÑA MIGUEL	FEM	0:27:54.10	5'35"	IQVIA
205	1395	Lucia MAYAL ETREROS	FEM	0:27:59.40	5'36"	INDIVIDUAL
206	1345	Isabel FERNANDEZ GONZALEZ	FEM	0:27:59.48	5'36"	INDIVIDUAL
207	1526	Mirian GALLEGO RECIO	FEM	0:27:59.97	5'36"	INDIVIDUAL
208	279	Diego ANTON	MASC	0:28:02.43	5'36"	STRYKER IBERIA
209	1402	Angel Luis BLANCO GARRIDO	MASC	0:28:08.22	5'38"	INDIVIDUAL
210	1811	- -	¿?	0:28:09.46	5'38"	
211	2018	Alvaro GOMEZAREVALILLO GONZALE	MASC	0:28:09.74	5'38"	INDRA
212	549	Juan Pablo PASQUEL GOMEZ	MASC	0:28:11.34	5'38"	BANKINTER
213	966	Victor ROMERO	MASC	0:28:11.78	5'38"	IVECO
214	2525	Marina COBOS HEVIA	FEM	0:28:12.50	5'38"	IBERDROLA
215	1083	Alfonso GONZALEZ RODRIGUEZ	MASC	0:28:18.31	5'40"	INDIVIDUAL
216	1084	Silvia DE LA FUENTE BUTRAGUEÑO	FEM	0:28:19.70	5'40"	INDIVIDUAL
217	2099	Jose Luis FERNANDEZ LOPEZ	MASC	0:28:23.38	5'41"	BANKINTER
218	740	Jose Manuel BLASCO BASELGA	MASC	0:28:31.80	5'42"	IQVIA
219	2424	Hector SASTRE GARCIA	MASC	0:28:33.58	5'43"	MOEVE
220	1630	Lorenzo RIVARES SANCHEZ	MASC	0:28:34.69	5'43"	INDIVIDUAL
221	1253	Francisco Javier CHAPARRO ALMAZAN	MASC	0:28:35.80	5'43"	INDIVIDUAL
222	164	Jose MEROÑO	MASC	0:28:37.60	5'43"	ADECCO GROUP
223	1160	Genma MORENO HERRERA	FEM	0:28:38.93	5'44"	INDIVIDUAL
224	2141	Jose David CAYUELA OLIVENCIA	MASC	0:28:42.10	5'44"	COX
225	872	Manuel DE HARO MUÑOZ	MASC	0:28:45.31	5'45"	CAPGEMINI
226	1444	Fran ROLDAN GARCIA	MASC	0:28:46.79	5'45"	INDIVIDUAL
227	2012	Noelia SALAS DE LA VILLA	FEM	0:28:46.98	5'45"	IDEXX
228	639	Lingfeng ZHENG	MASC	0:28:47.64	5'45"	BBVA TECHNOLOGY
229	2002	Olga LOPEZ MARTIN	FEM	0:28:56.84	5'47"	GENERAL ELECTRIC HEALTHCARE
230	2430	Ignacio LOPEZMATENCIO VALCARCE	MASC	0:28:57.49	5'47"	MOEVE
231	90	Eduardo RUBIO DE LA LOSA	MASC	0:28:58.32	5'48"	CAPGEMINI
232	311	Florencia GARCIA	FEM	0:28:59.77	5'48"	THE WALT DISNEY COMPANY IBERIA
233	956	Nicolas SKARMOUTSOS CEREZO	MASC	0:29:00.90	5'48"	THE WALT DISNEY COMPANY IBERIA
234	110	Pascual ALMUDENA	FEM	0:29:01.34	5'48"	CAPGEMINI
235	193	Ivan FERNANDEZ PARIS	MASC	0:29:04.43	5'49"	KYNDRYL
236	2124	Jorge RODRIGUEZ RUIZ	MASC	0:29:06.48	5'49"	BANKINTER
237	1757	Antonio HERNANDEZ PINTO	MASC	0:29:07.13	5'49"	INDIVIDUAL
238	586	Laura OLIVER RODRIGUEZ	FEM	0:29:08.70	5'50"	INDRA
239	585	Jorge PEÑALVER CAMPOS	MASC	0:29:08.83	5'50"	INDRA
240	1428	Sara TORRES	FEM	0:29:11.56	5'50"	INDIVIDUAL
241	2338	Jorge PAGOLA	MASC	0:29:14.92	5'51"	SIEMENS ENERGY
242	877	Maria Sofia MORALES BASELGA	FEM	0:29:15.26	5'51"	THE WALT DISNEY COMPANY IBERIA
243	710	Antonio GARCIA GONZALEZ	MASC	0:29:15.28	5'51"	AMADEUS
244	1187	Miguel Angel PEREZ UREÑA	MASC	0:29:16.38	5'51"	NO
245	730	Alejandro GIMENEZ	MASC	0:29:17.27	5'51"	SDG
246	1641	Beatriz CALVO MARTIN	FEM	0:29:17.72	5'51"	INDIVIDUAL
247	1640	Javier CINCA PEREZ	MASC	0:29:18.10	5'52"	INDIVIDUAL
248	1074	Javier LIMON MARTIN	MASC	0:29:19.48	5'52"	INDIVIDUAL

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
249	911	Paula SOTO RAMOS	FEM	0:29:22.53	5'52"	THE WALT DISNEY COMPANY IBERIA
250	837	Rocio FERNANDEZ MUÑOZ	FEM	0:29:22.99	5'52"	THE WALT DISNEY COMPANY IBERIA
251	220	Alejandro CASTRO VARELA	MASC	0:29:23.38	5'53"	CULMIA DESARROLLOS INMOBILIARI
252	1260	Nuria CORDERO RUIZ	FEM	0:29:23.49	5'53"	INDIVIDUAL
253	2282	María Daniela AMADO ROJAS	FEM	0:29:24.86	5'53"	THE WALT DISNEY COMPANY IBERIA
254	414	Lara HERMIDA PINTO	FEM	0:29:25.76	5'53"	BBVA TECHNOLOGY
255	1495	Domingo MANJON MONTERO	MASC	0:29:25.97	5'53"	INDIVIDUAL
256	1540	Jose Carlos MAQUEDA CANDIL	MASC	0:29:26.33	5'53"	INDIVIDUAL
257	143	Alvaro Tarek GHOBASSI GONZALEZ	MASC	0:29:26.59	5'53"	CAPGEMINI
258	135	Nuria VERA MULA	FEM	0:29:26.80	5'53"	CAPGEMINI
259	133	Antonio HIGUERAS FERRER	MASC	0:29:26.90	5'53"	CAPGEMINI
260	302	David SANROMAN GUTIERREZ	MASC	0:29:27.21	5'53"	CAPGEMINI
261	415	Pablo ROMERO	MASC	0:29:31.00	5'54"	DENTSU
262	1438	Esthela Jacqueline PALACIOS MEDRA	FEM	0:29:31.61	5'54"	INDIVIDUAL
263	2240	Jose Luis MOYA SAN SEGUNDO	MASC	0:29:32.77	5'54"	IVECO
264	155	Samuel MORANTE GUIADO	MASC	0:29:34.60	5'55"	CAPGEMINI
265	283	Alejandro MENDEZ ELVIRA	MASC	0:29:34.63	5'55"	CAPGEMINI
266	486	María ROMERO MENENDEZ	FEM	0:29:37.46	5'55"	AIRBUS
267	1183	Carlos NEBRIL JIMENEZ	MASC	0:29:37.90	5'55"	INDIVIDUAL
268	553	Samuel GALVAN DIAZ	MASC	0:29:38.67	5'56"	AUREN
269	257	Victor DEL CASTILLO GARCIA	MASC	0:29:42.61	5'56"	SONEPAR
270	2061	Ander OLIVA GADEA	MASC	0:29:42.66	5'56"	SIEMENS ENERGY
271	290	Adrian MONTEJO	MASC	0:29:43.27	5'57"	KYNDRYL
272	23	Manuel MARTINEZ SOBRINO	MASC	0:29:44.52	5'57"	REDEIA
273	130	Irene CASTAN CARRASCO	FEM	0:29:44.56	5'57"	IQVIA
274	156	Leyre MARTIN RO	FEM	0:29:50.17	5'58"	CAPGEMINI
275	301	Simona DI NAPOLI	FEM	0:29:55.94	5'59"	INTRUM
276	355	Silvia MARTIN VILLALBA	FEM	0:29:55.99	5'59"	THE WALT DISNEY COMPANY IBERIA
277	356	Alberto BRIONES	MASC	0:29:57.19	5'59"	THE WALT DISNEY COMPANY IBERIA
278	2285	María CONDE MARTIN	FEM	0:29:57.48	5'59"	THE WALT DISNEY COMPANY IBERIA
279	123	Marta MORENO GONZALEZ	FEM	0:30:01.56	6'00"	DAIMLER TRUCK
280	124	Sergio EXPOSITO GARCIASOTO	MASC	0:30:02.17	6'00"	DAIMLER TRUCK
281	644	Juan MORAL JIMENEZ	MASC	0:30:08.31	6'02"	TALGO
282	602	Guillermo GIL OCHOA	MASC	0:30:08.37	6'02"	INDRA
283	645	Monica MORAL ESCABIAS	FEM	0:30:09.33	6'02"	TALGO
284	1382	Crisrian EXPOSITO PIRIS	MASC	0:30:09.51	6'02"	INDIVIDUAL
285	2414	Enrique UGEDO VALCARCE	MASC	0:30:09.75	6'02"	MOEVE
286	519	Mariam EL KAHLOUN VARAS	FEM	0:30:10.86	6'02"	BANKINTER
287	851	Sofia NICHOLSON	FEM	0:30:12.25	6'02"	BP
288	1313	Pablo LUCAS RIVELLES	MASC	0:30:12.40	6'02"	INDIVIDUAL
289	578	María MORENO	FEM	0:30:12.93	6'02"	ITPSA
290	256	María Alejandra BETHENCOURT LEAL	FEM	0:30:13.62	6'03"	EXOLUM
291	246	Jose PEREZENCINAS	MASC	0:30:14.10	6'03"	STRYKER IBERIA
292	1818	- - -	¿?	0:30:14.27	6'03"	
293	1249	Miguel MUÑOZ FERNANDEZ	MASC	0:30:15.86	6'03"	INDIVIDUAL
294	924	Miguel SOCIAS MORON	MASC	0:30:16.30	6'03"	TALGO
295	28	María Jose BARBOSA PEREIRA	FEM	0:30:17.54	6'03"	KYNDRYL
296	646	Ignacio ARROYO FRAILE	MASC	0:30:18.11	6'04"	TALGO
297	376	Jorge ROMERO ODORISIO	MASC	0:30:21.59	6'04"	THE WALT DISNEY COMPANY IBERIA
298	373	Luis HERNANDEZ MONUERA	MASC	0:30:22.91	6'04"	AUREN
299	1272	Steve Hidaho BELLO HERNANDEZ	MASC	0:30:23.61	6'05"	INDIVIDUAL
300	1158	Paloma RODRIGO RAMIREZ	FEM	0:30:25.19	6'05"	INDIVIDUAL
301	207	Juan Carlos VALES SIERRA	MASC	0:30:25.61	6'05"	KYNDRYL
302	368	David RODRIGUEZ MOYA	MASC	0:30:26.96	6'05"	IVECO
303	462	Javier DE CARDENAS CARRILLO	MASC	0:30:31.65	6'06"	IVECO
304	1651	Victor GARCIA LOPEZ	MASC	0:30:32.12	6'06"	INDIVIDUAL
305	899	Ruben CUESTA VILLALAIN	MASC	0:30:32.59	6'06"	THE WALT DISNEY COMPANY IBERIA
306	1652	Sandra CLEMENTE SANCHEZ	FEM	0:30:32.85	6'06"	INDIVIDUAL
307	47	Diana DUARTE	FEM	0:30:35.31	6'07"	KYNDRYL
308	398	Sergio RODRIGUEZ SAEZ	MASC	0:30:42.89	6'08"	BBVA TECHNOLOGY
309	1661	Juan Carlos ESTEBAN CHERCOLES	MASC	0:30:48.83	6'10"	INDIVIDUAL
310	2339	Laura GARCIA MONTESINOS	FEM	0:30:51.54	6'10"	SIEMENS ENERGY

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
311	1052	Eduardo ROMERO ALGECIRAS	MASC	0:30:51.93	6'10"	INDIVIDUAL
312	1657	Daniel PEREZ MARTINEZ	MASC	0:30:52.20	6'10"	INDIVIDUAL
313	680	Carlos Xavier ROJAS CASTILLO	MASC	0:30:55.26	6'11"	DIGI
314	1207	Natalia BERBEL SANZ	FEM	0:30:55.50	6'11"	INDIVIDUAL
315	920	Belen MARTIN AMADOR	FEM	0:30:57.46	6'11"	BP
316	2340	Yolanda FERNANDEZ FERNANDEZ	FEM	0:30:57.65	6'11"	BP
317	902	Vanessa OEJO	FEM	0:31:00.79	6'12"	STRYKER IBERIA
318	2453	Maria ROBLES MAÑUECO	FEM	0:31:02.29	6'12"	MOEVE
319	1650	Jesus GARCIA GONZALEZCARRATO	MASC	0:31:02.30	6'12"	INDIVIDUAL
320	2272	Alberto RODRIGUEZ DE LA FUENTE	MASC	0:31:02.35	6'12"	SERVEO
321	832	Sergio SANCHEZ CHICOTE	MASC	0:31:09.70	6'14"	PREZERO
322	2516	Katherine CHANGOLUISA VELASCO	FEM	0:31:09.99	6'14"	ANDERSEN
323	831	Jose Luis HERNANDEZ GOMEZ	MASC	0:31:10.40	6'14"	PREZERO
324	313	Ricardo SANTAMARIA LLIMONA	MASC	0:31:12.37	6'14"	THE WALT DISNEY COMPANY IBERIA
325	2030	Rocio MEGIA COLSA	FEM	0:31:14.00	6'15"	DENTSU
326	2467	Roberto CABAÑAS RODRIGUEZ	MASC	0:31:14.12	6'15"	MOEVE
327	2468	Rocio QUINTANA GARCIA	FEM	0:31:14.43	6'15"	MOEVE
328	572	Mario ROMERO DIEZ	MASC	0:31:15.95	6'15"	CAPGEMINI
329	953	Sofia SALGADO GASCON	FEM	0:31:21.78	6'16"	MERCEDES BENZ GROUP
330	947	Patricia CASILLAS	FEM	0:31:22.38	6'16"	MERCEDES BENZ GROUP
331	901	Lorena MARCOS GALEANO	FEM	0:31:23.81	6'17"	IVECO
332	1441	Luis Alejandro SOSA GUTIERREZ	MASC	0:31:24.10	6'17"	INDIVIDUAL
333	1677	Laura LOPEZ GONZALEZ	FEM	0:31:24.33	6'17"	INDIVIDUAL
334	2226	Carolina ALVAREZ RAMOS	FEM	0:31:25.23	6'17"	REDEIA
335	811	Jose GONZALEZ MARTIN	MASC	0:31:28.92	6'18"	RICOH
336	1055	Lourdes ARENAS PRIETO	FEM	0:31:38.52	6'20"	NO
337	2208	Marta ALVAREZ CAVA	FEM	0:31:41.48	6'20"	BP
338	2207	Sara ALVAREZ CAVA	FEM	0:31:41.68	6'20"	BP
339	314	Christopher JONES	MASC	0:31:41.90	6'20"	THE WALT DISNEY COMPANY IBERIA
340	1294	Alba CASTREJON SANCHEZ	FEM	0:31:43.63	6'21"	INDIVIDUAL
341	1225	Alicia GONZALEZ	FEM	0:31:46.64	6'21"	INDIVIDUAL
342	494	Victor ARRIOLA	MASC	0:31:48.53	6'22"	THE WALT DISNEY COMPANY IBERIA
343	779	Laura CARRETERO CARRASCO	FEM	0:31:49.65	6'22"	ADECCO GROUP
344	1525	Ismael CERECEDA	MASC	0:31:50.90	6'22"	INDIVIDUAL
345	369	Isabel MAYORAL LLORENTE	FEM	0:31:51.90	6'22"	IVECO
346	2094	Carlos LOPEZ CORTIJO	MASC	0:31:51.98	6'22"	BANKINTER
347	1104	Noa DE LA NAVA HERMO	FEM	0:31:53.88	6'23"	INDIVIDUAL
348	1044	Silvia HERMO ROMERO	FEM	0:31:53.93	6'23"	INDIVIDUAL
349	665	Carmen OLALLA CHANTAL	FEM	0:31:54.43	6'23"	MEDTRONIC IBERICA
350	666	Paula RODRIGUEZ YERA	FEM	0:31:54.95	6'23"	MEDTRONIC IBERICA
351	1688	Jorge SEGUER PITARCH	MASC	0:31:57.20	6'23"	INDIVIDUAL
352	592	Sergio GONZALEZ ROMERO	MASC	0:32:01.28	6'24"	IKUSI TECH
353	970	Alejandro VILLEGAS MIRA	MASC	0:32:01.41	6'24"	IKUSI TECH
354	1346	Alberto GONZALEZ ROMERO	MASC	0:32:01.68	6'24"	INDIVIDUAL
355	1414	Lucia CID MARTIN	FEM	0:32:09.49	6'26"	INDIVIDUAL
356	1058	Manuel CHIROZA AVILES	MASC	0:32:09.66	6'26"	INDIVIDUAL
357	2075	Victor Manuel DIAZMARCOTE DE LA T	MASC	0:32:10.28	6'26"	SIEMENS ENERGY
358	561	Adrian RUBIO MUÑOZ	MASC	0:32:15.50	6'27"	BBVA TECHNOLOGY
359	436	Richard SILVA	MASC	0:32:15.57	6'27"	BBVA TECHNOLOGY
360	1530	Fernando MARQUEZ DE LA TORRE	MASC	0:32:17.33	6'27"	INDIVIDUAL
361	1130	Juani COFRADES ZAMORA	FEM	0:32:21.90	6'28"	INDIVIDUAL
362	49	David RIVILLA VALENCIANO	MASC	0:32:22.70	6'28"	KYNDRYL
363	531	Juan Carlos PORTELA DEL PINO	MASC	0:32:23.43	6'29"	CIGNA
364	508	Eva CLEMENTE ESCOBAR	FEM	0:32:26.30	6'29"	AIRBUS
365	48	Alejandro RIVILLA VALENCIANO	MASC	0:32:27.57	6'29"	KYNDRYL
366	37	Maria BELINCHON MARTIN	FEM	0:32:27.83	6'29"	KYNDRYL
367	428	Laura PEREZ GARCIA	FEM	0:32:28.69	6'30"	DENTSU
368	1812	- - -	¿?	0:32:30.27	6'30"	
369	324	Casimiro ROMERO BARRERO	MASC	0:32:30.80	6'30"	THE WALT DISNEY COMPANY IBERIA
370	327	Diego ROMERO DE LA RIVA	MASC	0:32:31.29	6'30"	THE WALT DISNEY COMPANY IBERIA
371	1754	Cesar GARRIDO SANAHUJA	MASC	0:32:33.76	6'31"	INDIVIDUAL
372	2125	Yolanda LOPEZ MURCIA	FEM	0:32:33.98	6'31"	BANKINTER

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
373	1820	- - -	¿?	0:32:34.12	6'31"	
374	104	María Angeles VAQUERIZAS MUÑOZ	FEM	0:32:36.58	6'31"	IQVIA
375	599	Martin MORALES OJEDA	MASC	0:32:36.85	6'31"	INDRA
376	2320	Elena MORENO DOMINGEZ	FEM	0:32:38.57	6'32"	AUREN
377	1667	Marta DE MIGUEL VENTURA	FEM	0:32:41.44	6'32"	INDIVIDUAL
378	504	Alejandro HERNANDO SANZ	MASC	0:32:41.47	6'32"	AIRBUS
379	790	Alvaro MARQUEZ SANZ	MASC	0:32:44.52	6'33"	MOTT MACDONALD
380	1167	Jose Luis ROBLED0 AREVALO	MASC	0:32:44.80	6'33"	INDIVIDUAL
381	2313	Antonio ROMERO	MASC	0:32:45.10	6'33"	THE WALT DISNEY COMPANY IBERIA
382	1166	Laura MONTES DUQUE	FEM	0:32:46.48	6'33"	INDIVIDUAL
383	371	Hector DUEÑAS	MASC	0:32:47.50	6'33"	AUREN
384	38	Lili CHEN LIU	FEM	0:32:47.85	6'33"	KYNDRYL
385	50	Angel Luis PEREZ MARTINEZ	MASC	0:32:48.58	6'34"	KYNDRYL
386	1333	Abigail BOLAÑOS	FEM	0:32:50.72	6'34"	INDIVIDUAL
387	101	Johnnie ESQUIVEL PIEDRA	MASC	0:32:50.80	6'34"	CAPGEMINI
388	1796	- - -	¿?	0:32:52.24	6'34"	
389	1200	Diego MARINA SANCHEZ	MASC	0:32:52.30	6'34"	INDIVIDUAL
390	396	Pablo ALVAREZ PICARDO	MASC	0:32:54.11	6'35"	BBVA TECHNOLOGY
391	2220	Helios SANCHEZ RIVERA	MASC	0:32:56.99	6'35"	AIRBUS
392	1302	Cristina GARCIA	FEM	0:32:57.86	6'35"	INDIVIDUAL
393	482	Cristina BARREALES NESPRAL	FEM	0:32:58.10	6'36"	AIRBUS
394	1299	María DIAZ AGUADO	FEM	0:32:58.47	6'36"	INDIVIDUAL
395	772	Fernando MARTIN MORALEJO	MASC	0:32:58.65	6'36"	SANTA LUCIA
396	766	Luis Antonio BIBIAN RODRIGO	MASC	0:32:58.81	6'36"	SANTA LUCIA
397	11	Sara DE LA FLOR	FEM	0:32:59.60	6'36"	ADECCO GROUP
398	1453	Carlos NAVARRETE MARTIN	MASC	0:32:59.60	6'36"	INDIVIDUAL
399	1147	Eduardo DEL PICO URIARTE	MASC	0:33:00.60	6'36"	INDIVIDUAL
400	1144	Beatriz URIARTE	FEM	0:33:00.87	6'36"	INDIVIDUAL
401	1173	María Cruz DEL PICO BAUTISTA	FEM	0:33:01.17	6'36"	NO
402	466	Alessandra TRABUCCO CORDA	FEM	0:33:01.35	6'36"	THE WALT DISNEY COMPANY IBERIA
403	1146	Eduardo DEL PICO	MASC	0:33:01.80	6'36"	INDIVIDUAL
404	2319	Jorge SESMERO GARCIA	MASC	0:33:02.48	6'36"	AUREN
405	1215	Andreea IASCU	FEM	0:33:02.98	6'36"	NO
406	269	Iryna STANCHAK	FEM	0:33:03.51	6'37"	ADECCO GROUP
407	2354	Oscar COSCOLLANO SANTOS	MASC	0:33:04.37	6'37"	ADECCO GROUP
408	178	Iker BARRICAT BEASCOECHEA	MASC	0:33:04.40	6'37"	ADECCO GROUP
409	2355	Fabian VEGA RICHARD	MASC	0:33:04.70	6'37"	ADECCO GROUP
410	2076	Clara GARCIA ZAPATA	FEM	0:33:05.15	6'37"	THE WALT DISNEY COMPANY IBERIA
411	559	Javier CORTAZAR AGÜERO	MASC	0:33:05.77	6'37"	BBVA TECHNOLOGY
412	2472	Sara PEREZ BARRAGAN	FEM	0:33:08.73	6'38"	MOEVE
413	394	Marta SALAS GARRIDO	FEM	0:33:17.76	6'39"	BBVA TECHNOLOGY
414	510	Danny SMITH GARRIDO	MASC	0:33:20.19	6'40"	AUREN
415	1227	Diego RODRIGUEZ HERRERO	MASC	0:33:29.13	6'42"	INDIVIDUAL
416	399	David AYLAGAS BENAVENTE	MASC	0:33:29.24	6'42"	BBVA TECHNOLOGY
417	493	Tania PORRAS	FEM	0:33:32.77	6'42"	THE WALT DISNEY COMPANY IBERIA
418	440	Francisco MORENO FUENTES	MASC	0:33:36.90	6'43"	BBVA TECHNOLOGY
419	411	Lucía OLMOS MARTIN	FEM	0:33:37.21	6'43"	BBVA TECHNOLOGY
420	1297	Celia GONZALEZ LAFUENTE	FEM	0:33:38.16	6'44"	INDIVIDUAL
421	1407	Ana TEZANOS REGUERA	FEM	0:33:40.70	6'44"	INDIVIDUAL
422	971	Cristina MARTIN MARTINEZ	FEM	0:33:42.62	6'44"	IQVIA
423	25	Cristina REVILLA LEON	FEM	0:33:44.90	6'45"	IQVIA
424	2307	Marta BODI TORTOSA	FEM	0:33:45.14	6'45"	BP
425	91	Tamara MARTINEZ JIMENEZ	FEM	0:33:45.30	6'45"	IQVIA
426	2378	Marta PONS SOLER	FEM	0:33:45.68	6'45"	BP
427	2154	Sandra GOMEZ BRICEÑO	FEM	0:33:45.72	6'45"	BP
428	569	Sidney PEREZ MARTINEZ	FEM	0:33:51.10	6'46"	REDEIA
429	568	Laura GUERRERO DIAZ	FEM	0:33:51.54	6'46"	REDEIA
430	968	Marta AGUIRRE BARRAGAN	FEM	0:33:52.64	6'46"	VESTAS
431	2228	Jose Luis GALLEGO	MASC	0:33:55.35	6'47"	MOTT MACDONALD
432	2229	Jose Manuel ORTIZ	MASC	0:33:55.42	6'47"	MOTT MACDONALD
433	2300	João MIGUEL MONTEIRO PINTO	MASC	0:33:56.58	6'47"	BECKMAN
434	2296	Beatriz ARROYO JUAREZ	FEM	0:33:56.63	6'47"	BECKMAN

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
435	2038	Emilio BORT MORENO	MASC	0:33:57.38	6'47"	DENTSU
436	985	Laura GUIJARRO IGUACEL	FEM	0:33:57.59	6'47"	KYNDRYL
437	986	Adrian LOPEZ PISA	MASC	0:33:58.39	6'48"	KYNDRYL
438	866	Mauro CLEMENTE	MASC	0:33:58.82	6'48"	VESTAS
439	315	Alex DRISCOLL	MASC	0:34:00.84	6'48"	THE WALT DISNEY COMPANY IBERIA
440	2510	Jose ENRIQUEZ GABEIRAS	MASC	0:34:02.45	6'48"	POSTEO.NET
441	2288	Lucia BLANCO	FEM	0:34:03.68	6'49"	MOTT MACDONALD
442	430	Paula SALVATIERRA SORIA	FEM	0:34:10.50	6'50"	DENTSU
443	1194	Layla SGAIER FERNANDEZ	FEM	0:34:12.66	6'50"	INDIVIDUAL
444	1436	Manuel GONZALEZ BRITO	MASC	0:34:12.92	6'50"	INDIVIDUAL
445	1234	David GONZALEZ APARICIO	MASC	0:34:15.17	6'51"	INDIVIDUAL
446	2212	Lidia GARCIA VAREZ	FEM	0:34:15.34	6'51"	RICOH
447	1792	- - -	¿?	0:34:15.37	6'51"	
448	222	Ana SAN ROMAN VARO	FEM	0:34:16.69	6'51"	ADECCO GROUP
449	1233	Sonia Luz MENDEZ MARTIN	FEM	0:34:16.80	6'51"	INDIVIDUAL
450	1429	Sonia RAYO PIÑANA	FEM	0:34:17.48	6'51"	INDIVIDUAL
451	1814	- - -	¿?	0:34:17.64	6'51"	
452	1791	- - -	¿?	0:34:18.61	6'52"	
453	1586	Julia GAMBOA ESCOBEDO	FEM	0:34:19.85	6'52"	INDIVIDUAL
454	1298	Sandra SANDRA	FEM	0:34:20.13	6'52"	INDIVIDUAL
455	2291	Julia VILLENA PEREZ	FEM	0:34:23.13	6'53"	ADECCO GROUP
456	778	Raquel GARCIA HOLGUERAS	FEM	0:34:24.60	6'53"	ADECCO GROUP
457	1379	Laura FERNANDEZ FARIÑAS	FEM	0:34:24.89	6'53"	INDIVIDUAL
458	2324	Alberto MERINO HERRERA	MASC	0:34:25.82	6'53"	SANTA LUCIA
459	2491	Claudia MARTINEZ NIÑO	FEM	0:34:28.29	6'54"	ANDERSEN
460	233	Hector VERDEJO FERNANDEZ	MASC	0:34:28.56	6'54"	CISCO
461	2482	Alejandro MATEO GORDO	MASC	0:34:29.50	6'54"	ANDERSEN
462	829	Ana Maria URBANO ORTEGA	FEM	0:34:32.20	6'54"	RICOH
463	830	Jose Manuel ESCOBAR PEREZ	MASC	0:34:32.40	6'54"	RICOH
464	1565	Paloma GARCIA ALCALA	FEM	0:34:33.10	6'55"	INDIVIDUAL
465	310	Marta GONZALEZ RABUÑAL	FEM	0:34:33.47	6'55"	DIGI
466	1845	- - -	¿?	0:34:33.65	6'55"	
467	289	Lydia IGLESIAS FERREIRO	FEM	0:34:33.98	6'55"	CULMIA DESARROLLOS INMOBILIARI
468	88	Sara BERCIANOS LLORET	FEM	0:34:35.98	6'55"	CAPGEMINI
469	838	Belen FERNANDEZ MUÑOZ	FEM	0:34:36.66	6'55"	THE WALT DISNEY COMPANY IBERIA
470	825	Daniel SOTO YAGÜE	MASC	0:34:38.37	6'56"	AIRBUS
471	1281	Elena MERCHAN BALLESTEROS	FEM	0:34:38.67	6'56"	INDIVIDUAL
472	408	Casilda NOGALES	FEM	0:34:39.17	6'56"	AUREN
473	1443	Marina MARTIN GALAN	FEM	0:34:48.79	6'58"	CECAP
474	1425	Miguel OLIVERA CARDO	MASC	0:34:48.89	6'58"	INDIVIDUAL
475	2037	Laura DE MINGO FLORES	FEM	0:34:52.38	6'58"	DENTSU
476	480	Marina GALLI	FEM	0:34:57.58	6'59"	AIRBUS
477	742	Jose Luis VIOLERO PEREZ DE MADRI	MASC	0:35:00.20	7'00"	BBVA TECHNOLOGY
478	603	Unai RUBIO VILLATE	MASC	0:35:03.19	7'01"	INDRA
479	1025	Laura FERNANDEZ AVELLAN	FEM	0:35:06.25	7'01"	INDIVIDUAL
480	503	Irene CRESPO ORTIZ	FEM	0:35:07.17	7'01"	AIRBUS
481	1290	Jorge GARCIA MUÑOZ	MASC	0:35:07.45	7'01"	INDIVIDUAL
482	1003	Carlos GONZALEZ SANCHEZ	MASC	0:35:09.67	7'02"	INDIVIDUAL
483	725	Belen GEA	FEM	0:35:15.16	7'03"	THE WALT DISNEY COMPANY IBERIA
484	2337	Raul MARTINEZ MORENO	MASC	0:35:17.12	7'03"	SANTA LUCIA
485	2336	Inez Klaudia PRZYBYLEK	FEM	0:35:17.35	7'03"	SANTA LUCIA
486	1686	Lara PEREDA PRIETO	FEM	0:35:21.44	7'04"	INDIVIDUAL
487	1852	- - -	¿?	0:35:29.35	7'06"	
488	2064	Alexia KUNOKA	FEM	0:35:30.20	7'06"	VESTAS
489	1497	Maria Teresa CAMIÑA TIEMBLO	FEM	0:35:34.16	7'07"	INDIVIDUAL
490	1498	Diego RICO GALLARDO	MASC	0:35:34.37	7'07"	INDIVIDUAL
491	221	Sara BOGAS OVEJERO	FEM	0:35:35.49	7'07"	CULMIA DESARROLLOS INMOBILIARI
492	218	Cristina CEREZO BONILLA	FEM	0:35:35.76	7'07"	CULMIA DESARROLLOS INMOBILIARI
493	2402	Carlota BLASCO RODRIGUEZ	FEM	0:35:38.82	7'08"	MOEVE
494	842	Julio YUNEZ	MASC	0:35:39.79	7'08"	PREZERO
495	2466	Paula CAMPAYO NAVARRO	FEM	0:35:39.81	7'08"	MOEVE
496	2404	Clara ALVAREZ SANCHEZ	FEM	0:35:40.68	7'08"	MOEVE

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
497	240	Lucia ABEJON HERAS	FEM	0:35:44.23	7'09"	ADECCO GROUP
498	541	Elba IGLESIAS FERNANDEZ	FEM	0:35:45.10	7'09"	ADECCO GROUP
499	913	Pilar GONZALEZ MARTIN	FEM	0:35:48.40	7'10"	ADECCO GROUP
500	1781	Francesca PETROZZINO	FEM	0:35:48.90	7'10"	INDIVIDUAL
501	2493	Diego FERNANDEZ HIJICOS	MASC	0:35:48.97	7'10"	ALENTA
502	849	Rafael JIMENO MORENO	MASC	0:35:49.66	7'10"	BP
503	223	Beatriz LOPEZ FUENTENEYRO	FEM	0:35:52.17	7'10"	KYNDRYL
504	1320	Cinthia Michelle PULUCHE RODRIGUE	FEM	0:35:54.45	7'11"	OPTIMA INCLUSION Y DIVERSIDAD
505	1046	Ana MARTINEZ DEL VALLE	FEM	0:35:54.75	7'11"	INDIVIDUAL
506	2206	Hugo RIUS HERNANDEZ	MASC	0:35:56.60	7'11"	MOEVE
507	2111	Pedro BAZO RUBIO	MASC	0:35:56.67	7'11"	AVANTA
508	2216	Daniel GARCIA GONZALEZ	MASC	0:35:56.83	7'11"	MOEVE
509	982	Alberto MAYO SANCHEZ	MASC	0:35:57.31	7'11"	KYNDRYL
510	1427	Elena ALBERO DAVO	FEM	0:35:58.61	7'12"	INDIVIDUAL
511	228	Ricardo MARTINEZ LAREO	MASC	0:35:58.80	7'12"	ADECCO GROUP
512	119	Andres GOMEZ EZNARRIAGA	MASC	0:35:58.90	7'12"	KYNDRYL
513	2457	Maria Teresa MAÑUECO PFEIFFER	FEM	0:35:59.54	7'12"	MOEVE
514	860	Alvaro LUNA DE TOLEDO	MASC	0:36:01.46	7'12"	ADECCO GROUP
515	2289	Eduardo AGUACONDO	FEM	0:36:04.98	7'13"	NAMIRIAL
516	2287	Jose Luis LOZANO DIAZ	MASC	0:36:05.90	7'13"	NAMIRIAL
517	345	Sandra DIAZ GARCIA	FEM	0:36:07.54	7'13"	STRYKER IBERIA
518	521	Patricia RECALDE	FEM	0:36:08.22	7'14"	AMADEUS
519	1801	- - -	¿?	0:36:11.82	7'14"	
520	198	Carlos GARCIA ANTOLIN	MASC	0:36:11.98	7'14"	KYNDRYL
521	1798	- - -	¿?	0:36:12.76	7'14"	
522	940	Maria LACASIA ARTALEJO	FEM	0:36:12.90	7'14"	KYNDRYL
523	1308	Adams RAMIREZ	MASC	0:36:13.27	7'15"	INDIVIDUAL
524	2232	Marta ARROYO RODRIGUEZ	FEM	0:36:13.80	7'15"	BP
525	714	Carlos HEREDIA HEREDIA	MASC	0:36:14.16	7'15"	DIGI
526	1184	Philipp Luis STEFFENS	MASC	0:36:14.96	7'15"	INDIVIDUAL
527	1319	Noelia GONZALEZ VINIEGRA	FEM	0:36:15.68	7'15"	INDIVIDUAL
528	818	Cristina CARRASCO MIMBRERA	FEM	0:36:18.37	7'16"	GARRIGUES
529	659	Carolina CARRASCO	FEM	0:36:18.99	7'16"	DIGI
530	1323	Juan Jose MINGUEZ CLEMENTE	MASC	0:36:21.80	7'16"	INDIVIDUAL
531	2444	Laura EZQUER MATA LLANA	FEM	0:36:22.68	7'16"	MOEVE
532	663	Goran ARSIC	MASC	0:36:23.57	7'17"	DIGI
533	1467	Sergio VIRSEDA MARTIN	MASC	0:36:26.97	7'17"	INDIVIDUAL
534	120	Luis Javier ROMAN LOPEZ	MASC	0:36:27.66	7'17"	CAPGEMINI
535	747	Miriam FERNANDEZ MIGUEL	FEM	0:36:28.98	7'18"	CIGNA
536	655	Abraham LOPEZ LORA	MASC	0:36:28.99	7'18"	CAPGEMINI
537	746	Maria De La Luz ALONSO FERNANDEZ	FEM	0:36:29.40	7'18"	CIGNA
538	2428	Ignacio DIAZ	MASC	0:36:33.42	7'19"	MOEVE
539	2429	Ignacio DIAZ BAENA	MASC	0:36:33.60	7'19"	MOEVE
540	749	Sara ALAM	FEM	0:36:34.45	7'19"	EXOLUM
541	100	Erika BIGOTTI PRIETO	FEM	0:36:35.42	7'19"	IQVIA
542	1325	Guillermo LAPUENTE	MASC	0:36:36.49	7'19"	INDIVIDUAL
543	1773	Gloria JIMENEZ BRAVO	FEM	0:36:37.56	7'19"	INDIVIDUAL
544	224	Patricia FERNANDEZ LOPEZ	FEM	0:36:38.27	7'20"	KYNDRYL
545	1665	Miguel Angel DE LA CRUZ MARTIN RO	MASC	0:36:38.46	7'20"	INDIVIDUAL
546	854	Adriana Maria MENDOZA CASTIBLANC	FEM	0:36:39.22	7'20"	EXOLUM
547	1681	Yanina MARTINS	FEM	0:36:39.26	7'20"	INDIVIDUAL
548	2269	Raul FONFRIA RIVERA	MASC	0:36:40.84	7'20"	ANDERSEN TAX & LEGAL IBERIA
549	1060	Jose Maria CHAPARRO CASTELLANO	MASC	0:36:41.00	7'20"	INDIVIDUAL
550	1059	Gema MONTALVO MIMBRERO	FEM	0:36:41.26	7'20"	INDIVIDUAL
551	594	Pedro BRAVO CALDERON	MASC	0:36:42.30	7'20"	AMADEUS
552	1291	Christian HENSE	MASC	0:36:53.35	7'23"	NO
553	672	Maria CASTRO VAQUERIZO	FEM	0:36:54.11	7'23"	BBVA TECHNOLOGY
554	2219	Monica MAREQUE	FEM	0:37:00.51	7'24"	INDRA
555	505	Adrian CRESPO ORTIZ	MASC	0:37:01.60	7'24"	AIRBUS
556	1755	Jose Maria ABAD AZCONA	MASC	0:37:02.70	7'24"	INDIVIDUAL
557	137	Cristina MENENDEZ	FEM	0:37:05.60	7'25"	IQVIA
558	1270	Hugo LAFUENTE	MASC	0:37:05.76	7'25"	INDIVIDUAL

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
559	2515	Juan Manuel LOMBARDIA ALONSO	MASC	0:37:13.40	7'27"	ALENTA
560	850	Casilda ALONSOMARTINEZ	FEM	0:37:16.94	7'27"	BP
561	2025	Davide MATTIELLO BOCANEGRA	MASC	0:37:18.48	7'28"	AMADEUS
562	919	Sol Yasmin GARRIDO	FEM	0:37:19.94	7'28"	IQVIA
563	987	Alberto AMPUERO	MASC	0:37:20.50	7'28"	IQVIA
564	1330	Angie SERVAN TORREJON	FEM	0:37:24.81	7'29"	NO
565	1332	Mariam PINEDO	FEM	0:37:25.12	7'29"	INDIVIDUAL
566	1171	Eva Maria CEBOLLADA JIMENEZ	FEM	0:37:26.97	7'29"	INDIVIDUAL
567	820	Robin OUTRILLA	MASC	0:37:28.41	7'30"	IQVIA
568	2413	Emma Antonia CHAPARRO BAILEY	FEM	0:37:31.68	7'30"	MOEVE
569	2343	Marta LOZANO BARRERO	FEM	0:37:32.45	7'30"	BP
570	522	Esteban PEREZ BUSTOS	MASC	0:37:32.85	7'30"	CAPGEMINI
571	347	Claudia LOPEZ ROS	FEM	0:37:33.22	7'31"	AUREN
572	2497	Esther CASAS GONZALO	FEM	0:37:33.86	7'31"	ALENTA
573	1837	- - -	¿?	0:37:38.49	7'32"	
574	2274	Yelitze RIVERA	FEM	0:37:39.80	7'32"	CDS
575	1682	Maria GARCIA YANEZ	FEM	0:37:40.54	7'32"	INDIVIDUAL
576	1848	- - -	¿?	0:37:41.67	7'32"	
577	348	Maria Jose GOMEZCALCERRADA DIAZ	FEM	0:37:43.52	7'33"	CAPGEMINI
578	144	Ines PALOMO CABALLERO	FEM	0:37:43.63	7'33"	CAPGEMINI
579	1182	Andrea Gabriela BETHENCOURT LEAL	FEM	0:37:47.70	7'33"	INDIVIDUAL
580	2023	Andrea BOCANERA HURTADO	FEM	0:37:49.36	7'34"	AMADEUS
581	2026	Asia MATTIELLO BOCANEGRA	FEM	0:37:50.18	7'34"	AMADEUS
582	2321	Pablo RODRIGUEZ CORRAL	MASC	0:37:51.42	7'34"	AUREN
583	2322	Marta PEREZ REQUENO	FEM	0:37:51.51	7'34"	AUREN
584	2199	Olga MARTINEZ ESPUGA	FEM	0:37:58.73	7'36"	KYNDRYL
585	267	Pablo BARROCAL	MASC	0:37:59.70	7'36"	KYNDRYL
586	2113	Vicente QUIRALTE DUELO	MASC	0:38:00.14	7'36"	IBERDROLA
587	2204	Martin MACEIRA LEMA	MASC	0:38:00.26	7'36"	KYNDRYL
588	200	Guillermo AZCOITIA PLAZA	MASC	0:38:00.50	7'36"	KYNDRYL
589	759	Vanesa SANZ GOMEZ	FEM	0:38:00.96	7'36"	MERCEDES BENZ GROUP
590	2310	Ruben CASTRO RODRIGUEZ	FEM	0:38:02.75	7'36"	ADECCO GROUP
591	1694	Leslie YANEZ	FEM	0:38:03.76	7'37"	INDIVIDUAL
592	2129	Silvia ROJI PEREZ	FEM	0:38:08.77	7'38"	BANKINTER
593	856	Patricia CONDE PEÑA	FEM	0:38:09.36	7'38"	BP
594	1262	Adelina IASCU	FEM	0:38:09.58	7'38"	INDIVIDUAL
595	634	Maria MINGUEZ CLEMENTE	FEM	0:38:10.48	7'38"	TALGO
596	381	Irene MORENO CASTRO	FEM	0:38:11.22	7'38"	CAPGEMINI
597	540	Nuria PEREZ PERDIGUERO	FEM	0:38:13.75	7'39"	CIGNA
598	168	Marina MARTIN MORENO	FEM	0:38:15.88	7'39"	KYNDRYL
599	114	Miquel ARAGON GRABIEL	MASC	0:38:16.26	7'39"	KYNDRYL
600	2278	Luis VALLEJO BONILLA	MASC	0:38:19.39	7'40"	CDS
601	2406	Cristina GARCIA ALVAREZ	FEM	0:38:24.55	7'41"	MOEVE
602	2419	Fernando BENITO BURILLO	MASC	0:38:25.00	7'41"	MOEVE
603	2332	Doris Carolina FLORES IZQUIERDO	FEM	0:38:30.52	7'42"	DIGI
604	584	Margara SANCHEZ	FEM	0:38:30.73	7'42"	INDRA
605	433	Francesca Theresa SALVADOR GODIN	FEM	0:38:32.80	7'42"	AMADEUS
606	583	Sara M ^a BUITRAGO	FEM	0:38:33.51	7'43"	INDRA
607	2293	Antonio LUENGO NEVADO	MASC	0:38:33.93	7'43"	CDS
608	556	Martin CAMPISANO	MASC	0:38:34.73	7'43"	AVANTA
609	2024	Mirco MATTIELLO	MASC	0:38:38.93	7'44"	AMADEUS
610	1216	Francisco Javier ARTEAGA GARRIDO	MASC	0:38:40.62	7'44"	INDIVIDUAL
611	2145	Ana MADRID	FEM	0:38:42.58	7'44"	CIGNA
612	2236	Jesus GARRIDO JIMENEZ	MASC	0:38:43.14	7'45"	TALGO
613	2359	Paloma MARTINEZ ANTON	FEM	0:38:44.15	7'45"	SIEMENS ENERGY
614	681	Xiomara Estela ATENCIA SALAZAR	FEM	0:38:45.56	7'45"	IQVIA
615	2052	Gema SANZ	FEM	0:38:48.10	7'46"	SIEMENS ENERGY
616	1352	Carmen TORROBA LOMBERA	FEM	0:38:53.16	7'47"	INDIVIDUAL
617	720	Diana PEÑA CASTILLO	FEM	0:38:57.90	7'47"	INDRA
618	2536	Samuel ARAGO SANCHEZ	MASC	0:38:58.15	7'48"	ADECCO
619	1162	Laura Maria MARTINEZ GONZALEZ	FEM	0:39:01.66	7'48"	INDIVIDUAL
620	674	Tomas RICO PEREZ	MASC	0:39:05.75	7'49"	BBVA TECHNOLOGY

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
621	806	Rosmary POLEO	FEM	0:39:08.72	7'50"	RICOH
622	967	Julia TERUEL ARAUZO	FEM	0:39:12.68	7'50"	VESTAS
623	1258	Francisco GAMO NUÑEZ	MASC	0:39:15.84	7'51"	INDIVIDUAL
624	593	Andres MARTIN HERRERO	MASC	0:39:18.99	7'52"	IKUSI TECH
625	1629	Begoña RODRIGUEZ MANSILLA	FEM	0:39:22.24	7'52"	INDIVIDUAL
626	1828	- - -	¿?	0:39:23.13	7'53"	
627	1241	Miguel Angel DEL MONTE ESTEVEZ	MASC	0:39:25.12	7'53"	INDIVIDUAL
628	1431	Cristina CARRETERO CARRASCO	FEM	0:39:39.94	7'56"	INDIVIDUAL
629	2271	Asuncion DE LA FUENTE DE LA TORR	FEM	0:39:40.69	7'56"	SERVEO
630	823	Maria Teresa PRIETO VELA	FEM	0:39:42.61	7'56"	SANTA LUCIA
631	1660	Daniel PEREZ DEL ROSARIO	MASC	0:39:42.75	7'56"	INDIVIDUAL
632	2284	Ricardo VELA CARDENOSA	MASC	0:39:44.61	7'57"	ALTEN
633	931	Ines DE LA FUENTE GONZALEZ	FEM	0:39:48.40	7'58"	REDEIA
634	286	Maria GADEA SIMO	FEM	0:39:48.44	7'58"	KYNDRYL
635	785	Alvaro GONZALEZ ROCA	MASC	0:39:49.80	7'58"	KYNDRYL
636	1644	Laura AMAYA GOMEZ	FEM	0:39:51.61	7'58"	INDIVIDUAL
637	2210	Jorge Andres CARRERO FISCO	MASC	0:39:52.29	7'58"	SERVEO
638	2214	Juan Pablo RINCON CASTEJON	MASC	0:40:00.13	8'00"	SIEMENS ENERGY
639	2003	Arturo GARCIA SOLANA	MASC	0:40:01.68	8'00"	THE WALT DISNEY COMPANY IBERIA
640	2180	Dafne ORSINI	FEM	0:40:02.38	8'00"	THE WALT DISNEY COMPANY IBERIA
641	329	Natalia MARTIN NAVARRO	FEM	0:40:02.65	8'00"	STRYKER IBERIA
642	2356	Samuel PASCUAL UREÑA	MASC	0:40:02.97	8'00"	THE WALT DISNEY COMPANY IBERIA
643	87	Martyna PANEK	FEM	0:40:06.94	8'01"	CIGNA
644	61	Carlos LIJO PERELES	MASC	0:40:10.48	8'02"	ADECCO GROUP
645	719	Maria GARCIA CALDERON	FEM	0:40:18.46	8'04"	DEUTSCHE BANK
646	497	Raquel LLORO MODREGO	FEM	0:40:20.79	8'04"	CIGNA
647	548	Maria GIL	FEM	0:40:21.17	8'04"	CIGNA
648	685	Gianmarco ESPINOZA ROQUE	MASC	0:40:33.19	8'07"	DIGI
649	2249	Hector FERNANDEZ MONZO	MASC	0:40:36.97	8'07"	ADECCO GROUP
650	1256	Natalia DOMINGUEZ	FEM	0:40:42.61	8'08"	INDIVIDUAL
651	721	Jesus PEÑA PINEDA	MASC	0:40:44.85	8'09"	INDRA
652	2241	Fe PELAGIO GARCIA	FEM	0:40:47.60	8'09"	SGS
653	2334	Clara REY IZQUIERDO	FEM	0:40:47.75	8'09"	AUREN
654	2441	Juan CORTINA ORTIZ	MASC	0:40:49.69	8'10"	MOEVE
655	1169	Alfredo ARIAS RODRIGUEZ	MASC	0:40:50.00	8'10"	NO
656	1809	- - -	¿?	0:40:52.65	8'10"	
657	2056	Olga SANTANA SOLA	FEM	0:40:54.37	8'11"	SIEMENS ENERGY
658	2055	Alma LANGREO CUARTERO	FEM	0:40:54.66	8'11"	SIEMENS ENERGY
659	1594	Teresa SANCHEZ HERNANDEZ	FEM	0:40:58.51	8'12"	INDIVIDUAL
660	281	Estefania VALLINA FERNANDEZ	FEM	0:41:04.25	8'13"	ANDERSEN TAX & LEGAL IBERIA
661	726	Rocio FREJO	FEM	0:41:05.83	8'13"	THE WALT DISNEY COMPANY IBERIA
662	2471	Sara OSPINA GUTIERREZ	FEM	0:41:07.13	8'13"	MOEVE
663	1132	Jose Manuel RODRIGUEZ SANCHEZ	MASC	0:41:08.13	8'14"	INDIVIDUAL
664	2450	Mardui Alejandra FRAILE OSORIO	FEM	0:41:15.97	8'15"	MOEVE
665	809	Aranzazu GOMEZ HERNANDEZ	FEM	0:41:18.74	8'16"	SANTA LUCIA
666	810	Silvia MURILLO BURGAÑA	FEM	0:41:20.10	8'16"	SANTA LUCIA
667	678	Susana IGLESIAS MENDEZ	FEM	0:41:21.58	8'16"	DIGI
668	2109	Maria Pilar MAZO VIVAR	FEM	0:41:37.36	8'19"	XEROX
669	2382	Alejandra PINO SANCHEZ	FEM	0:41:39.32	8'20"	MOEVE
670	677	Anabel CASADO ROJAS	FEM	0:41:39.43	8'20"	DIGI
671	1553	Lorena OFRETORIO ORTIZ	FEM	0:41:44.59	8'21"	INDIVIDUAL
672	1288	Maria DURAN SAEZ	FEM	0:41:49.35	8'22"	INDIVIDUAL
673	1552	Maria Isabel ORTIZ LOPEZ	FEM	0:41:49.93	8'22"	INDIVIDUAL
674	1296	Miriam FIDALGO MORILLAS	FEM	0:41:51.21	8'22"	TRABAJADOR DE PRODIS
675	1802	- - -	¿?	0:41:52.93	8'22"	
676	229	Adriana MANRIQUE SALAS	FEM	0:41:53.78	8'23"	ADECCO GROUP
677	2081	Alvaro SAN FRUTOS MARTIN	MASC	0:41:55.16	8'23"	CIGNA
678	1511	Marina DOMINGUEZ GARCIA DE LA V	FEM	0:41:55.23	8'23"	INDIVIDUAL
679	1206	Lydia PASCUAL DE CASO	FEM	0:42:06.82	8'25"	INDIVIDUAL
680	2301	Orsolya JANOSSY	FEM	0:42:09.53	8'26"	SGS
681	59	Mariana FERNANDEZ	FEM	0:42:26.13	8'29"	J&J
682	545	Maria Luz SERRANO CABALLERO	FEM	0:42:26.33	8'29"	AIRBUS

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
683	1304	Antonio LEON	MASC	0:42:31.65	8'30"	INDIVIDUAL
684	1763	Angela GARCIA VAREZ	FEM	0:42:35.39	8'31"	INDIVIDUAL
685	601	Carmen SARMIENTO	FEM	0:42:46.50	8'33"	HOLCIM ESPAÑA
686	2539	Teresa DE ASUA ENRIQUEZ	FEM	0:42:49.32	8'34"	POSTEO.NET
687	705	Alba CHERCOLES VALDEMORO	FEM	0:42:56.50	8'35"	FERMAX ELECTRONICA
688	706	Alvaro Adin FERNANDEZ SANCHEZ	MASC	0:42:57.51	8'35"	FERMAX ELECTRONICA
689	2213	Jose Ramon COLOMINA	MASC	0:43:16.90	8'39"	ADECCO GROUP
690	698	Olga GARCIA MARTINEZ	FEM	0:43:21.76	8'40"	BBVA TECHNOLOGY
691	1394	Guillermo SACIDO RODRIGUEZ	MASC	0:43:22.25	8'40"	INDIVIDUAL
692	812	Alejandra BOIZO MENDEZ	FEM	0:43:23.26	8'41"	SANTA LUCIA
693	520	Joaquin ARJONA GARCIBORREGUE	MASC	0:43:23.50	8'41"	AIRBUS
694	2101	Ana Maria MUÑOZ VICENTE	FEM	0:43:30.30	8'42"	GALP
695	1303	Esther RAMOS	FEM	0:43:30.71	8'42"	INDIVIDUAL
696	609	Helena GARCIA FERNANDEZ	FEM	0:43:34.49	8'43"	HEXAGON
697	2234	Pablo RUIZ MISSE	MASC	0:43:34.88	8'43"	HEXAGON
698	278	Carlos MARTIN	MASC	0:43:36.96	8'43"	KYNDRYL
699	2397	Beatriz VILLAS CAJA	FEM	0:43:39.10	8'44"	MOEVE
700	2384	Alvaro CORRALES	MASC	0:43:40.12	8'44"	MOEVE
701	57	Isabel SERRANO LILLO	FEM	0:43:44.32	8'45"	J&J
702	579	Saide RAMIREZ	FEM	0:43:47.63	8'45"	BBVA TECHNOLOGY
703	1793	- - -	¿?	0:44:00.11	8'48"	
704	943	Estefania YANEZ	FEM	0:44:05.95	8'49"	RICOH
705	954	Jose Manuel ORTIZ ROMERA	MASC	0:44:06.23	8'49"	RICOH
706	2381	Alberto MARTIN SANTACRUZ	MASC	0:44:17.40	8'51"	MOEVE
707	2290	Marta SAEZ GARCIA	FEM	0:44:19.14	8'52"	ADECCO GROUP
708	1767	Luis David CARRERO	MASC	0:44:20.98	8'52"	INDIVIDUAL
709	77	Monica ARRIBAS	FEM	0:44:30.90	8'54"	IQVIA
710	1491	Gonzalo PLAZA NUEZ	MASC	0:44:34.36	8'55"	INDIVIDUAL
711	774	Rebecca FUENTES ASCORVE	FEM	0:44:34.57	8'55"	GENERAL ELECTRIC HEALTHCARE
712	393	Javier ALASTRUE GONZALEZ	MASC	0:44:36.54	8'55"	STRYKER IBERIA
713	271	Cristina ALVAREZ TEIXEIRA	MASC	0:44:37.66	8'55"	STRYKER IBERIA
714	19	Ricardo FERNANDEZ DIAZ	MASC	0:44:45.73	8'57"	KYNDRYL
715	2390	Ana Carolina RAMIREZ SAAVEDRA	FEM	0:44:50.47	8'58"	MOEVE
716	2454	Maria Aime FRANCO VILCHEZ	FEM	0:44:50.79	8'58"	MOEVE
717	2395	Angel ENCALADA	MASC	0:44:51.59	8'58"	MOEVE
718	2442	Juana Maria FRONTELA DELGADO	FEM	0:44:53.94	8'59"	MOEVE
719	1547	Jesus LLORENTE LLORENTE	MASC	0:45:02.13	9'00"	INDIVIDUAL
720	385	Roberto ARAGON DEL VALLE	MASC	0:45:04.39	9'01"	STRYKER IBERIA
721	384	Irene ARAGON ADEVA	FEM	0:45:04.80	9'01"	STRYKER IBERIA
722	1295	Maria GONZALEZ VINIEGRA	FEM	0:45:06.51	9'01"	INDIVIDUAL
723	928	Martina IRIGOITIA	FEM	0:45:07.48	9'01"	MERCEDES BENZ GROUP
724	2297	David HERRAIZ MARTINEZ	MASC	0:45:12.64	9'02"	SGS
725	894	Veronica ROBLES CORDOBA	FEM	0:45:13.80	9'03"	IVECO
726	887	Carlos RODRIGUEZ SANTIAGO	MASC	0:45:13.94	9'03"	IVECO
727	914	Ruben ANDRES SORIANO	MASC	0:45:17.99	9'03"	AIRBUS
728	917	Alba ROMERO ARCHILLA	FEM	0:45:18.61	9'04"	MEDTRONIC IBERICA
729	1148	Florentino SAN FELIPE GOMEZ	MASC	0:45:20.80	9'04"	NORTEA
730	1263	Maria BARRIO MORA	FEM	0:45:21.74	9'04"	NORTEA
731	1265	Monica BARRIO MORA	FEM	0:45:22.24	9'04"	NORTEA
732	1149	Maria Carmen MARTIN MARTIN	FEM	0:45:22.70	9'04"	NORTEA
733	1153	Nacho TEJEDOR PRIETO	MASC	0:45:34.31	9'07"	INDIVIDUAL
734	2492	Cristina MORAL	FEM	0:45:38.56	9'08"	IBERDROLA
735	676	Sanli Aysegul OZBAY PRZYBYSZ	FEM	0:45:53.24	9'11"	CIGNA
736	1766	Andrea CASIQUE	FEM	0:45:53.44	9'11"	INDIVIDUAL
737	2299	Angelica TOBAR JIMENO	FEM	0:46:08.15	9'14"	INDRA
738	2302	Sandra TOBAR JIMENO	FEM	0:46:10.32	9'14"	INDRA
739	600	Alexandra BARQUEROS SANCHEZ	FEM	0:46:19.50	9'16"	CIGNA
740	1448	Jose GONCALVES DOS SANTOS	MASC	0:46:43.40	9'21"	INDIVIDUAL
741	1485	Fabрила GHAUTTA	FEM	0:47:10.43	9'26"	INDIVIDUAL
742	1832	- - -	¿?	0:47:11.30	9'26"	
743	1846	- - -	¿?	0:47:11.45	9'26"	
744	944	Arelis Josefina SUBERO PEÑA	FEM	0:47:11.70	9'26"	SANTA LUCIA

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
745	380	David CARRACEDO MIGUEL	MASC	0:47:47.10	9'33"	THE WALT DISNEY COMPANY IBERIA
746	377	Isabela LEON CHATO	FEM	0:48:06.94	9'37"	THE WALT DISNEY COMPANY IBERIA
747	2202	Irina RIUS HERNANDEZ	FEM	0:48:18.74	9'40"	MOEVE
748	300	Val FRAILE REY	FEM	0:48:31.90	9'42"	INTRUM
749	473	Monica OTERO MASID	FEM	0:48:35.97	9'43"	FORVIS MAZARS
750	1385	Alejandro MASEDA BUFALINO	MASC	0:48:42.97	9'44"	INDIVIDUAL
751	1326	Montserrat ORTEGA DOMENECH	FEM	0:48:53.82	9'47"	INDIVIDUAL
752	1327	Alvaro RODRIGUEZESCALONA CALVO	MASC	0:48:53.89	9'47"	INDIVIDUAL
753	2034	Rafa SERVAN	MASC	0:48:54.90	9'47"	IDEXX
754	1471	Andrea GAYOSO PAEZ	FEM	0:48:56.50	9'47"	INDIVIDUAL
755	2217	Nuria SAN MIGUEL SAEZ	FEM	0:48:59.30	9'48"	CIGNA
756	776	Belen MUÑOZ GUTIERREZ	FEM	0:49:06.87	9'49"	MERCEDES BENZ GROUP
757	775	Irene MUÑOZ GUTIERREZ	FEM	0:49:06.89	9'49"	MERCEDES BENZ GROUP
758	1591	Beatriz REVILLA LOPEZ	FEM	0:49:17.93	9'51"	INDIVIDUAL
759	1590	Irene De Los Angeles VALLS SEMERIA	FEM	0:49:19.98	9'52"	INDIVIDUAL
760	670	Paola CARUSO OTERO	FEM	0:49:29.64	9'54"	BBVA TECHNOLOGY
761	1373	Alfonso LOPEZ EXPOSITO	MASC	0:49:41.55	9'56"	CANTERA DE TALENTOS
762	424	Alba GONZALEZ BLANCO	FEM	0:49:49.72	9'58"	DENTSU
763	1152	Cristina TEJEDOR PRIETO	FEM	0:49:56.15	9'59"	INDIVIDUAL
764	205	Loreto BERMEJO ROSADO	FEM	0:50:16.44	10'03"	KYNDRYL
765	1168	Pilar BERMEJO ROSADO	FEM	0:50:16.49	10'03"	NO
766	938	Mariana MONSALVE DE FRUTOS	FEM	0:50:34.29	10'07"	KYNDRYL
767	2155	Nicoletta PAGLIA	FEM	0:50:34.93	10'07"	KYNDRYL
768	309	Francisco MARTINEZ DE LA ZARZA	MASC	0:50:35.25	10'07"	KYNDRYL
769	844	Santiago SOLER PEREZ	MASC	0:50:38.18	10'08"	ADECCO GROUP
770	2191	Josue ROSERO LOJA	MASC	0:50:40.30	10'08"	SANTA LUCIA
771	1881	Ariatna GARCIA CACHO	FEM	0:50:40.47	10'08"	
772	1872	Milagros CACHO RUIZ	FEM	0:50:42.37	10'08"	
773	2040	Teresa GOMEZ ORTIZ	FEM	0:50:45.22	10'09"	CIGNA
774	208	Claudia PINEDA APONTE	FEM	0:50:58.21	10'12"	OCADO
775	125	Carolina ANCA LEONOR	FEM	0:51:07.25	10'13"	IQVIA
776	109	Mercedes PASCUAL	FEM	0:51:07.30	10'13"	IQVIA
777	1840	- - -	¿?	0:51:10.56	10'14"	
778	1836	- - -	¿?	0:51:12.39	10'14"	
779	1839	- - -	¿?	0:51:13.60	10'15"	
780	2221	Françoise ESTEBAN PARIENTE	MASC	0:52:08.20	10'26"	AIRBUS
781	1599	Olga RODRIGUEZ MARTIN	FEM	0:52:09.65	10'26"	INDIVIDUAL
782	1593	Sara MORAN QUESADA	FEM	0:52:09.93	10'26"	INDIVIDUAL
783	2007	Rafael NAVAS RODRIGUEZ	MASC	0:52:10.24	10'26"	IVECO
784	2188	Juan LOPEZ CABREJAS	MASC	0:52:11.10	10'26"	IVECO
785	1674	Alba GARRIDO SANAHUJA	FEM	0:52:14.27	10'27"	INDIVIDUAL
786	704	Sergio COLMENAREJO VALDEMORO	MASC	0:52:34.25	10'31"	FERMAX ELECTRONICA
787	892	Francisco Javier GALINDO NEVADO	MASC	0:52:37.79	10'31"	THE WALT DISNEY COMPANY IBERIA
788	2490	Cesar RODRIGUEZ CRESPO	MASC	0:53:56.80	10'47"	ADECCO
789	2486	Beatriz MARQUEZ LOPEZ	FEM	0:53:56.80	10'47"	ADECCO
790	1252	Jose LEDEZMA LEGUISAMO	MASC	0:54:46.91	10'57"	INDIVIDUAL
791	350	Jesus PLAZA MATEOS	MASC	0:54:47.84	10'57"	BRENNTAG
792	750	Maria Elena SANCHEZ SANCHEZ	FEM	0:54:48.17	10'58"	MERCEDES BENZ GROUP
793	1564	Francisco Jose ALFEREZ CANALES	MASC	0:54:55.52	10'59"	INDIVIDUAL
794	2190	Jannet RODAS ESPINOZA	FEM	0:55:35.85	11'07"	SANTA LUCIA
795	1628	Paloma NIETO MARTIN	FEM	0:55:48.34	11'10"	INDIVIDUAL
796	1328	Adriana Isabel DE OLIM TEIXEIRA	FEM	0:55:48.82	11'10"	INDIVIDUAL
797	660	Horacio MORALES AGUIRRE	MASC	0:55:49.35	11'10"	DIGI
798	13	Vicente RONCERO CORDERO	MASC	0:55:59.34	11'12"	ADECCO GROUP
799	12	Inmaculada CLEMENTE GIMENO	FEM	0:55:59.37	11'12"	ADECCO GROUP
800	1271	Guadalupe SARMIENTO CURIEL	FEM	0:56:03.22	11'13"	INDIVIDUAL
801	2166	Maria Jose GARCIA FERNANDEZ DE V	FEM	0:56:14.69	11'15"	IVECO
802	1585	Jesus MURILLO LOPEZ	MASC	0:56:14.84	11'15"	INDIVIDUAL
803	1601	Irene SOBRERA GONZAGA	FEM	0:56:15.17	11'15"	INDIVIDUAL
804	303	Hildibel Alexandra DUARTE GUERRER	FEM	0:56:15.79	11'15"	IVECO
805	340	Esther GARCIA	FEM	0:56:15.86	11'15"	IVECO
806	2245	Ines DEL RIO GARCIA	FEM	0:56:16.90	11'15"	IVECO

CARRERA DE LAS CAPACIDADES 2025 - MADRID

1 Junio 2025

5K - Orden De Llegada

Finalizados (856)

Pto	DOR	NOMBRE y APELLIDOS	CAT	TIEMPO	' /km	ENTIDAD
807	1226	Maria Gabriela LEAL SEQUERA	FEM	0:56:17.29	11'15"	INDIVIDUAL
808	1835	- - -	¿?	0:56:21.20	11'16"	
809	991	Carmen RUIZ	FEM	0:56:26.93	11'17"	ADECCO GROUP
810	992	Esteban GONZALEZ ROBLES	MASC	0:56:27.90	11'17"	ADECCO GROUP
811	334	Gema PEÑA FERNANDEZ	FEM	0:57:01.58	11'24"	IQVIA
812	333	Beatriz PARDO CALVO	FEM	0:57:01.77	11'24"	IQVIA
813	2227	Pilar ORTIZ	FEM	0:57:14.30	11'27"	MOTT MACDONALD
814	2230	Consuelo GOYANES	FEM	0:57:14.43	11'27"	MOTT MACDONALD
815	1546	Felisa REDONDO ORTIZ	FEM	0:57:40.96	11'32"	INDIVIDUAL
816	1311	Jose Luis VERA FERNANDEZ	MASC	0:57:45.66	11'33"	INDIVIDUAL
817	247	Maria BARON RUBIO	FEM	0:57:59.66	11'36"	STRYKER IBERIA
818	250	Marta BAUTISTA SEDEÑO	FEM	0:58:00.89	11'36"	STRYKER IBERIA
819	863	Cristina GELADO	FEM	0:58:00.90	11'36"	STRYKER IBERIA
820	2073	Daniel Marcel HORJAN	MASC	0:58:02.43	11'36"	STRYKER IBERIA
821	2072	Marta FERNANDEZ CANO	FEM	0:58:02.70	11'36"	STRYKER IBERIA
822	263	Ernesto VAZQUEZ CASAOS	MASC	0:58:03.68	11'37"	STRYKER IBERIA
823	354	Daniela GARZON	FEM	0:58:42.53	11'44"	BRENNTAG
824	983	Sara MUÑOZ	FEM	0:58:42.62	11'44"	BRENNTAG
825	351	Paula MATEOS GUERRA	FEM	0:58:43.46	11'45"	BRENNTAG
826	1236	Alejandra GAMEZ ABASCAL	FEM	0:59:12.00	11'50"	INDIVIDUAL
827	900	Ana Isabel MATEO MATA	FEM	0:59:12.10	11'50"	SANTA LUCIA
828	370	Irene VILLASEÑOR DELGADO	FEM	0:59:16.26	11'51"	IVECO
829	2028	Vanessa SANCHEZ FERNANDEZ	FEM	0:59:16.48	11'51"	IVECO
830	936	Andrea SANCHEZ DURAN	FEM	0:59:21.34	11'52"	REDEIA
831	782	Sara YAGO ESPARZA	FEM	0:59:21.39	11'52"	KYNDRYL
832	1312	Maritza MARQUINA RODRIGUEZ	FEM	0:59:51.68	11'58"	INDIVIDUAL
833	2123	Sergio RODRIGUEZ CID	MASC	0:59:52.62	11'58"	GALP
834	1237	Iker ETXARRI AGIRRE	MASC	1:00:49.89	12'10"	INDIVIDUAL
835	1803	- - -	¿?	1:01:38.58	12'20"	
836	1806	- - -	¿?	1:01:40.90	12'20"	
837	195	Lucia AREVALO LOMAS	FEM	1:03:49.75	12'46"	ADECCO GROUP
838	185	Ana AREVALO LOMAS	FEM	1:03:50.26	12'46"	ADECCO GROUP
839	186	Cristina VICENTE CABRERA	FEM	1:03:51.19	12'46"	ADECCO GROUP
840	2266	Puri ARRABAL FERNANDEZ	FEM	1:04:56.28	12'59"	HEXAGON
841	2265	Almudena ARRABAL FERNANDEZ	FEM	1:04:56.39	12'59"	HEXAGON
842	2255	Raquel TORROBA LOPEZ	FEM	1:06:10.36	13'14"	AXA INTER PARTNER ASSISTANCE
843	890	Leticia SANTOS CALERO	FEM	1:06:14.65	13'15"	THE WALT DISNEY COMPANY IBERIA
844	955	Lucia LOPEZ ABELLAN	FEM	1:06:14.80	13'15"	THE WALT DISNEY COMPANY IBERIA
845	839	Adrian TAMAYO DOMINGUEZ	MASC	1:06:16.20	13'15"	THE WALT DISNEY COMPANY IBERIA
846	2270	Miguel Angel DIAZPAVON CALLEJAS	MASC	1:06:27.16	13'17"	AXA INTER PARTNER ASSISTANCE
847	2260	Maria Jesus GONZALEZ CHICOTE	FEM	1:06:30.25	13'18"	AXA INTER PARTNER ASSISTANCE
848	786	Victor Manuel AMARO JEREZ	MASC	1:06:35.19	13'19"	STRYKER IBERIA
849	788	Raquel GRANADO FERNANDEZ	FEM	1:06:36.10	13'19"	STRYKER IBERIA
850	249	Susana ADEVA ROJAS	FEM	1:06:39.57	13'20"	STRYKER IBERIA
851	2021	Heiko KLEINSCHROT	MASC	1:07:13.43	13'27"	MERCEDES BENZ GROUP
852	1474	Muriel GARCIA KLEINSCHROT	FEM	1:07:13.92	13'27"	INDIVIDUAL
853	1473	Anais GARCIA KLEINSCHROT	FEM	1:07:14.15	13'27"	INDIVIDUAL
854	2020	Xerxes KLEINSCHROT	MASC	1:07:14.79	13'27"	MERCEDES BENZ GROUP
855	1472	Amarantha KLEINSCHROT	FEM	1:07:18.76	13'28"	INDIVIDUAL
856	55	Cristina ESTEBAN REVUELTA	FEM	1:09:01.22	13'48"	KYNDRYL